# THE HOME, ITS PROBLEMS AND ITS INTERESTS



#### A SEPARATE BLOUSE IN LINEN.

Linen of every kind and character is in high, favor for blouse and shirt waist use; and the yoke is being made quite a conspicuous feature of fashion in the recent developments of this useful and convenient garment. same yoke plays a prominent part in the design pictured, extending square across the shoulders, the collar of lace being joined with a lace insertion that follows the line of the throat. The blouse is attached to this yoke with groups of little pin tucks, these run in by hand; and in the center a large medallion of rather coarse guipure is appliqued. The sleeve has a puffy full top, and a deep shaped cuff of linen and lace meets the puff just below the elbow. Familiar little rods of featherbone support the collar, and the fastening is in the

Woolen Sweaters Popular.

LINGERIE MONOGRAMS.

Corset covers to be worn under trans

parent blouses are works of an and nandiwork. A broad front pleat on which the wearer's monogram or initials is embroidered by hand is much liked. For other lingerie the feather stitch in-itial letter is liked, and is quickly worked, Every undergarment is thus marked by or for the fastidious girl of the period.

Everybody's Going to Chase's.

#### A Word to the Wise.

Listen, all ye fat women, and take

A woolen sweater may not be quite so fashionable as when first introduced, but it is still seen, and indeed nothing has yet been found to answer its purpose. In the autumn for tennis or golf Is now one of the prize beauties in "The a jacket is most inconvenient, and there Earl and the Girl," has been telling how are many days too fine to don a fiannel

And this is how:

"For the fat woman to lose weight requires the most heroic measures. Sitting down and talking about it will never do a bit of good.

"Worry may take off a few pounds, but it will bring pienty of wrinkles. Diet and exercise alone will do the work.
"I shun much-advertised obesity cures. Unless one has them thoroughly analyzed and knows exactly what is in them I sincerely recommend that they the found most welcome, while to carry on a long tramp there is nothing so convenient, as when not in use the sweater can be loosely tied over the shoulder or about the waist, and is no bother whatever until needed.

Light colored models are seen this wear, blues and lavenders as well as

lyzed and knows exactly what is in them I sincerely recommend that they be let alone.

"By diet I do not mean starvation. I mean simply the elimination of fatteroducing foods.

"Fat is simply overnourishment.

"When I say exercise I do not mean to wear yourself out by violent exercise. That makes muscle, and muscle in never attractive for a woman.

"Walking will do more to aid a woman in getting rid of her surplus fat than any other one thing.

"My daily walk has become a necessity. The day is incomplete without it.

"For breakfast I have fruit, coffee and dry toast with a little butter. I seldom eat luncheon and never anything more hearty than some tea and toast or a salad.

"For dinner I forego soups, rich sauces, potatees, creamed vegetables, and sweets.

"Instead I eat a piece of steak or roast beef or lamb or mutton or crops, some vegetable which is not fattening, and a salad.

"Green vegetables are splendid things of and and the drinking of hot teals."

and a salad.
"Green vegetables are splendid things to eat and the drinking of hot tea is helpful in the reduction. Milk, cream, butter and sugar are not to be thought

of.

"Neither can a woman indulge in the less beer, or wine and hope to lose lesh. Plenty of sour lemonade is expellent for her to drink, even better than the less water.

cellent for her to drink, even better than plain water.

"I think breakafst is the most fattening meal of the day. The woman who persists in eating a heavy breakfast will never reduce her weight.

"And no one can lose weight in a day or a week or a month. Patience and persistence are necessary, and it may be a long time before all your heroism begins to show results.

gins to show results.

"However, don't get discouraged, and don't stop trying for a minute. In the end you will achieve your ambition."

### A Useful Article.

A convenient article for a busy society or club woman is made of a stout panel of cardboard about a foot long and eight inches wide. To this are attached two pockets, one above the other, and lettered respectively: "This week." 'Next week." A spray of flowers is painted on each pocket in conjunction with the fancy lettering. The pockets are intended to hold the invitations, club notices, lecture tickets and other matters for a fortnight. The pockets are made from oblongs of cardboard six by four inches and a half and fastened to the panel by ribbon bows.

The SUCCESSFUL Effer-



Distress after Meals, Sour Stomach Contains no heart depressing, dangerous drugs. Nearly two generations . satisfied users testify to its great medicinal value. Simple, Pleasant, Reliable. It has been

sold on merit more than 60 years. At Druggists, 50c and \$1, or by mail from the TARRANT CO., 44 Hudson Street, N. Y.

Splendid vaudeville, Coolest spot in town. Daily matinee, 25c. Evenings, 25c.

and 50c.

# PALATABLE AUGUST MENUS EASILY AND QUICKLY MADE

Hot Weather Difficulties Overcome by the Thrifty and Far-Seeing Housekeeper.

#### CORNELIA C. BEDFORD.

August means dog days and a plentiful supply of moist heat, and this year has so. far yielded us an overabundant supply. The housekeeper finds that she must buy cautiously, for no food keeps sweet long and worms are apt to develop in flour and cereals. The desire for food, especially meants, is lessened, and fruits and crimes are in decired and fruits and diriks are in the work of the call for cold food made by various members of the family, it is well to keep in mind that hot food is more quickly digested than cold, as the latter must be raised to the temperature of the body before he work of disertiful to the family includes children or some members who have digestive difficulties, it is always wise to stiquid on the cold of t

regetables when still small and immature and utilize the water in which
they are cooked in certain delicate
soups. So, in selecting the vegetables
for the ragout of today, take small,
young ones in preference to those which
are larger. For a generous dishful take
equal proportions of small carrots, white
turnips and green peas and a double
quantity of potatoes. Add to the shelled
peas a very small quantity of water,
not more than a half cupful, a good
seasoning of salt and pepper and a half
teaspoonful of sugar: cover and boil
until tender. Scrape the carrots, pare
turnips and potatoes. Cut all three in
dice or pieces of equal size, say an inch
square. Boil the carrots in slightly
salted water until tender, boil potatoes
and turnips together in water, also
slightly salted. When all are done drain
the three vegetables. In frying pan heat
two tablesmoonfuls of butter or nice waist, while the wash bedice, save in the heat of the day, is too thin. Then,

#### How to Make Lingerie Hats Look Like New.

young ones in preference to those which are larger. For a generous dishful take equal proportions of small carrots, white turnips and green peas and a double quantity of potatoes. Add to the shelled peas a very small quantity of water, not more than a half cupful, a good seasoning of sait and pepper and a half teaspoonful of sugar; cover and boil until tender. Scrape the carrots, pare turnips and potatoes. Cut all three in dice or pieces of equal size, say an inch square. Boil the carrots in slightly salted water until tender, boil potatoes and turnips together in water, also slightly salted. When all are done drain the three vegetables. In frying pan heat two tablespoonfuls of butter or nice dripping, add two tablespoonfuls of finely chopped onion and cook slowly until the onion begins to change color. Add two tablespoonfuls of finely chopped onion and cook slowly until the onion begins to change color. Add two tablespoonfuls of finely chopped onion and cook slowly until the onion begins to change color. Add two tablespoonfuls of finely chopped onion and cook slowly until the onion begins to change color. Add two tablespoonfuls of finely chopped only of the top. Put the flounce on the brim so that the points project, and it is a good idea to make another flounce of plain lawn with an edge of valenciennes around under the brim, and if the ribbon is soiled, and washing the flounce and crown plece. If it is more mussed than camp blanket if

W. B. Moses & Sons

F Street, Cor. Eleventh

### August Floor-Covering Sale Has a Successful Start

	white, whether the trimmings be of white, red or some light and becoming shade.  Delightfully soft and light, and yet possessing every bit as much warmth as the woolen gown, aret sweaters made	Throngs of eager buyers nocked to and today, where the big August stock coverings of every description were house has ever quoted. It's a great c a fraction of their value.
8	of Angora fleece or wool. These cannot	
8	possibly crumple the most delicate waist,	Axminster Carpets
2	and while worn as frequently as the	1,000 yards all grades All-ingrain
1	woolen sweater, are particularly good to slip on under a jacket. Angora sweat-	Carpets, small short lengths; 5 to 20
ı I	ers are to be had in as many colorings	vards: grades worth 75c A F 1 C
2	as the others and in the same styles.	85c and 81 a vard All go at
- 1	Last autumn long knitted woollen	yards; grades worth 75c. 37½c sale price
3	jackets were seen to some extent, but	Old fachland Dag Camater your non
- 1	short ones are still more popular. These	ular carpets for the nursery or den. Regular value, 40c 25°C vard. Sale price.
	must be sufficiently large, and there	or den. Regular value, 40c
3	should be a slight blouse in back as well as front. Those opening down the front	yard. Sale price
	are usually preferred, whether laced or	Extra fine Old-fashioned Rag Car-
e l	fastened with hooks or buttons. Wide	pets, suitable for dining room, nursery,
ī	collars are not as fashionable as the	or den carpet. Regular 2010
e J	narrower widths, but cuffs are deeper	varie, see said. Bute
- 1	than last season and sleeves are larger.  At the seashore sweaters are not much	B #
. 1	in evidence this year, but no outfit for	Half-wool Union Carpets—a nice chamber carpet; 15 new styles in full
6	the mountains, where life is less formal	rolls to select from. A special O o c
9	and dress simpler, is complete without	rolls to select from. A special 30c bargain. Regular value, 60c 30c
-1	one of some kind.	yard. Sale price
		Extra Super All-wool Kidderminster
	Signs Significant.	Carpets, 1 yard wide; pretty new styles
1	3.10	for chambers, parlors, din-
V		ing-rooms; 15 patterns. Regular value, 75c yard. Sale 571c
1	Here are some honeymoon finishes:	ular value, ac yard. Sale
3	When the wife finds herself saying un-	# 1/2 to 0
9	complimentary things to her husband.	Double Extra Imperial All-wool Kid- derminster Carpets; 1 yard wide;
t	The first time her husband criticises	
n	her freeks.	ber styles; 20 patterns to / Co 1C
e	When he discovers she is jealous,	choice parior, dining-room and chamber styles; 20 patterns to select from. Regular value, $62\frac{1}{2}$ c 85c yard. Sale price
	When he tells how pretty some other	
a.	woman looks.	Agra Art Carpets, 1 yard wide, all
n	When he begins to eulogize his mother, When a meal becomes so quiet that she	wool: choice of 15 patterns; a yellow wide, all wool; choice of 15 patterns; a yellow very high-grade carpet. Regu-79c lar value, \$1 yard. Sale price
S	can plan a whole frock between the	very high-grade carpet. Regu-
У	courses.	
	When he begins to go to his club.	Keswick English Kidderminster Car-
-	When she begins to hunt up her old	pets—all wool—will wear equal to the best Body Brussels: a variety of Brus-
	friends and enjoys calling on them.	sels weaves Do not fail to
4	When she forgets to come home from	see this elegant fabric. Regular value, \$1.25 yard. Sale 8310
	dinner.	ular value, \$1.25 yard. Sale
	MATRICE AND ADDRESS OF THE PARTY OF THE PART	price032
	TINCEPTE MONOGRAMS	Old-fashion 3-ply Carpets-the old.

## Hofi Fiber Rugs

Fiber Matting Rugs

-		Sale
	Worth.	price.
1-	Size 18 in.x36 in \$0.75	\$0.49
2-	Size 26 in.x54 in \$1.50	\$0.79
· 1	Size 26 in.x60 in \$2.00	\$1.25
	Size 36 in.x36 in \$1.75	\$1.00
10	Size 36 in.x72 in	\$1.75
r- y,		\$3.75
	Japanese Tami Summer	Rugs
	ORIENTAL PATTERNS.	Sale
190	Worth,	price.
11	ORIENTAL PATTERNS.  Size 6 ft.x9 ft	\$4.00
0	111	20.131
	Size 9 ft.x12 ft \$12.00	\$7.00
er	Japanese Damask Matting	Rugs
		Sale
C	Worth,	price
	Size 9 ft.x12 ft \$9.00	\$6.00
d-	American Fiber Matting	Rugs
e;		S210
n-	Worth.	nrice
C	Size 6 ft.x9 ft	
	6 in \$9.50	\$7.00
111	6 in	\$8.50
C		
-	Wool and Fiber Rus	rs
		Sale

Union Extra Art Squares

Old-fashion 3-ply Carpets—the old-dime quality—only a few paterns of these; a rare carpet to find in any stock. Wear guaranteed. 87½ Stze 3x3½ yards. Regu-\$4.50 Regular value, \$1.25 yard. 87½ Stze 3x4 yards. Regu-\$5.50 Sale price......\$12e 3x4 yards. Regu-\$5.50 Sale price......\$12e 3x4 yards. Regu-\$5.50 Sale price.....\$12e 3x4 yards. Regu-\$5.50 Sale price.....\$12e 3x4 yards. Regu-\$5.50 Sale price.....\$12e 3x4 yards. Regu-\$5.50 Sale price.......\$12e 3x4 yards. Regu-\$5.50 Sale price......\$12e 3x4 yards. Regu-\$5.50 Sale price......\$12e 3x4 yards. Regu-\$5.50 Sale price......\$12e 3x2½ yards. Regu-\$5.50 Sale price.......\$12e 3x4 yards. Regu-\$5.50 Sale price........\$12e 3x4 yards. Regu-\$5.50 Sale price.........\$12e 3x4 yards. Regu-\$5.50 Sale price........\$12e 3x4 yards. Regu-\$5.50 Sale price........\$12e 3x4 yards. Regu-\$5.50 Sale price........\$12e 3x4 yards. Regu-\$5.50 Sale price.......\$12e 3x4 yards. Regu-\$5.50 Sale price........\$12e 3x4 yards. Regu-\$5.50 Sale price.......\$12e 3x4 yards. Regu-\$5.50 Sale price..... A Stock-Clearing Sale of Lace Curtains and Portieres is Now On

W. B. Moses & Sons F Street, Corner Eleventh



FOR WEAR IN THE MOUNTAINS.

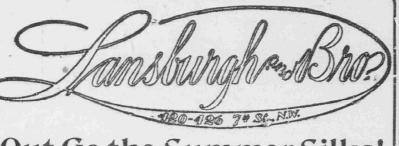
A more appropriate suit for mountain resorts than the one here sketched could not be suggested. White mohair with black pinstripe is the material, and the skirt of walking length is perfectly plain. The tight-fitting jacket, which extends just over the hips, is not unlike the one-time fashionable blazer, and with collar of black velvet uniquely fastened with straps of the material and pearl buttons, is exceedingly smart and effective.

Worn with this costume is a hat of black and white mohair braid with a large Alsatian bow of black velvet ribb on in front.

### Look for Happiness.

Even when these things seem im possible you may think them so, and by the power of your illusions make them Some one has said that we find what we are looking for in this world. If that be true—and it is true in a certain measure—how very much better and more wholesome to be looking for kindness rather than slights, for happiness rather than misery, for the flowers of life rather than its thorns, says Woman's Life.

Jossible you may think them so, and by the power of your illusions make them come true. Illusion and disfilusion are to the mind what rose colored and blue spectacles are to the eyes—illusion the rose, disillusion the blue. It may seem a sort of child's play to hold so fast to that which may be mythical, but anything is worth while which makes for happiness and peace.



## Out Go the Summer Silks!

Time's come to close out Summer Silks, hence the necessity of making room for early Fall arrivals brings chances like these: 25 pieces of KAIKI WASH SILKS, in pretty cords, shades of

lavender and white, pink and white, solid pink, solid blue, castor, pretty checks in lavender, navy, myrtle, goblin, blue, 25c yd,

Buy White Japanese Habutais at . . . .

to  $\frac{1}{2}$ Off

## The Low Pricing on Cotton Dress Goods

Expresses our desire to sweep away in as short a time as possible remainders of Summer Dress Fabrics in both white and colors, from every counter and shelf in this section.

12½c for 19c Dotted Swiss

White Dotted Swiss; two size dots.

37½c White French Batiste, 25c

Think of the regular 371/2c Sheer White and Dainty Batiste, 48 inches wide, at 25c a yard. You never heard of this quality selling for so little be-fore. It is cool and fresh in appearance, and very serviceable

Butchers' Linen-Finish Steam-Shrunk Cannon Cloth,

Long Cloth Special  12½c Printed Batiste and Lawns

30 inches wide; all good styles; on white and tinted grounds. To close, yard.......  $8\frac{1}{2}$ 25c and 35c Printed

Belfast Dimities All desirable designs and colorings single and cluster cords, with

beautiful printings of pink. 19c blue, helio, etc. To close, yd.. 25c for  $37\frac{1}{2}$ c and 50c Organdie

Chiffon-finished French Printed Organdies; all this season's styles. 25c Plain Colored Eoliennes, 12½c

This beautiful chiffon-finished ton fabric has been one of the most popular this season. We have it in pink, green, gray, brown, tan, ecru, black and navy blue; 30 inches wide. To close 12½ thalf price, yard...

### Muslin Underwear

You can't make such garments as these at such prices, not even if you put in your time for nothing. The prices remain for these

WOMEN'S CAMBRIC DRAWERS; nade with tucked umbrella uffle; regular 50c value. Spe-

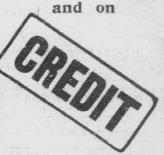
WOMEN'S CAMBRIC COVERS; some made with two rows of fine Torchon lace; others with embroidery; regular 50c value.

WOMEN'S CAMBRIC SKIRTS made with five rows of Torchor lace and inserting; all lengths; regular \$1.25 value. Special. WOMEN'S FRENCH COVERS; made of cambric, felled seams; all sizes; regular 25c value. 15c Special.

PETER GROGAN, Credit for All Washington

Store closes at 5 p.m. daily. Saturdays at 1 o'clock.

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PETER GROGAN. 817, 819, 821, 823 Seventh St., Between H and I Sts.





**Painless** 

Set of Teeth, Gold Crowns, \$5.00 Patton's Union Dental Parlors, B to 6-Sundays 10 to 2,

> THEA-NECTAR Makes the Best Iced Tea 60 c

Great Atlantic & Pacific Tea Co.

Last Week Of the Special Stock Reducing

PIANOS

E. Droop and Co.

925 Pa. Ave. N. W.

"In Time of Peace Prepare for War."

Therefore, while you are able to make such a good bargain, it is well to put away for winter use a few barrels of our PRESH-GROUND "OLD-TIME" FAMILY PLOUR.

The price now is squeezed down to \$5.00 J. T. D. PYLES'

7 Stores, including 948 La. Ave.

C-O-K-E summer cooking. It is the most economical as well as the most satisfactory fuel to use. We'll supply you with coke.

25 bu. Large Coke, delivered...\$2.56
40 bu. Large Coke, delivered...\$3.76
60 bu. Large Coke, delivered...\$5.30
25 bu. Crushed Coke, delivered. \$3.06
40 bu. Crushed Coke, delivered. \$4.50
60 bu. Crushed Coke, delivered.

Washington Gaslight Co., 413 TENTH ST. N. W.

EDDY REFRIGERATORS Save the food-save the ice-very moderately priced-none better at any DULIN & MARTIN CO., 1215 F St.

Run Down?

Take Chippewa Indian Blood Cordial.
The finest blood purifier and spring tonic,
50c a bottle.

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The Best House Paints For Outside .... \$1.45 Per Or Inside ..... \$1.45 Per Phone Main 741. Prompt attention J.T. WALKER SONS, 204 Tent's Street N. W